

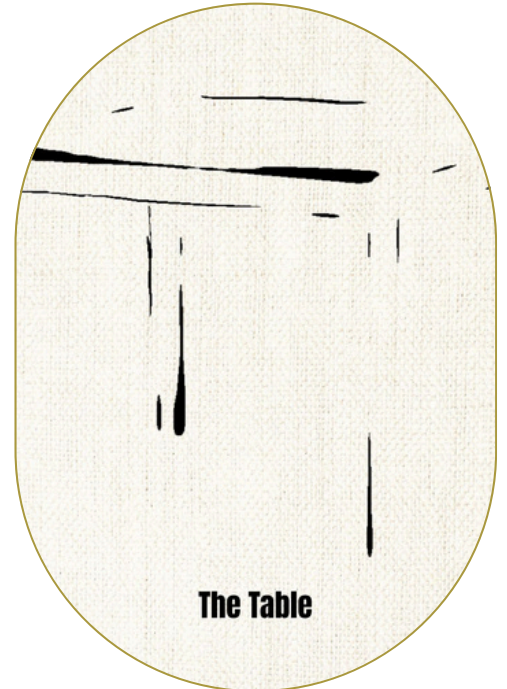
The Table Host Kit

artforpeoplessake@gmail.com
www.artforpeoplessake.com/thetable

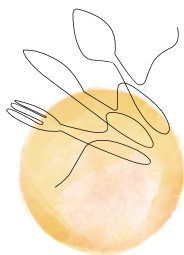
Welcome

The Table is a community art project about connection, belonging, and radical hospitality. It's not about putting on a perfect dinner party — it's about opening your table a little wider. We're inviting you to host your own Table Gathering: a simple meal, 12+ people, one shared act of creativity, and a few meaningful conversations.

Your gathering will become part of The Table installation at the Final Feast (20 December 6:30pm – 8:30pm) and be featured across our blog, social media, and Coffee Table Book to be released next year.



Your Role as Host



Hosting is EASY

You're simply creating a space for people to come gather. All you need is:

- A table (or picnic rug!) — kitchen, living room, backyard, park, or community hall.
- 12 or more people — mix of friends, neighbours, colleagues, wider community and maybe a few you don't yet know.
- Simple food — finger food, soup, bread, or whatever feels right and EASY.
- Paper cups and conversation.



Radical Hospitality

Radical hospitality is an open table — not fancy, not fussy, just real.

It's saying: "Come as you are — there's room for you here."

It's about making space for stories, laughter, silence, difference, and connection.

The magic happens not in what's served, but in who's seen.

Every gathering, every cup, every story adds to a larger artwork that celebrates what happens when we make space for each other.

Join the 500

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How to Host: Step by Step



Choose Your Date & Place

Any time that works for you between now and 15 December. Anywhere that feels welcoming: home, park, community hall, backyard, picnic table.



Invite Your Guests

Text, call or write a simple message
We have attached some draft messages you can copy



Prepare Something Simple

Keep it light — no stress! Share food everyone can nibble while chatting. Of course, if you love to cook up a feast, by all means, go for it! Smile.



Gather and Begin

Start by explaining The Table: “We’re part of a community art project exploring radical hospitality. The idea is simple — we share food, conversation, and each decorate a paper cup.” ... the rest is YOURS!



Paper Cups

Each person decorates one plain paper cup (white or cream). These cups will become part of the large hanging installation at the Final Feast.

What You’ll Need:

Plain cups (available at grocery stores, dollar shops, or The Reject Shop). Sharpies, textas, crayons, or paints. Anything goes.

Decorating Ideas:

Patterns, words, symbols, doodles — whatever feels right and enjoyable to you!



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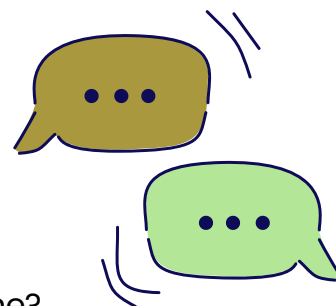
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The Conversation

Invite guests to chat while they decorate. Use these prompts as a guide:



Start Light – Easy Entry

- What's your favourite comfort food or drink – and why that one?
- Tell us about a table you used to love sitting at (or one you love now).
- What's something small that's been bringing you joy lately?
- If you had a free afternoon to yourself, where would we probably find you?

Go a Little Deeper – Connection & Belonging

- Who in your life makes you feel most yourself?
- Can you think of a time someone really showed up for you? What did they do?
- What do you think people sometimes misunderstand about you – or what do you wish they knew?

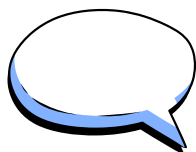
Deeper Still – Meaning & Hope

- When do you feel most connected to the world around you?
- What kind of life or community do you hope to help create – in small, everyday ways?
- What's one thing you'd like to thank the world (or someone in it) for, right now?

Optional

When do you feel most connected to the You can include one “wildcard” prompt for fun, such as: “If your table could talk, what story would it tell about you?”

Encourage real, gentle conversation. No right answers.



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Capturing the Stories

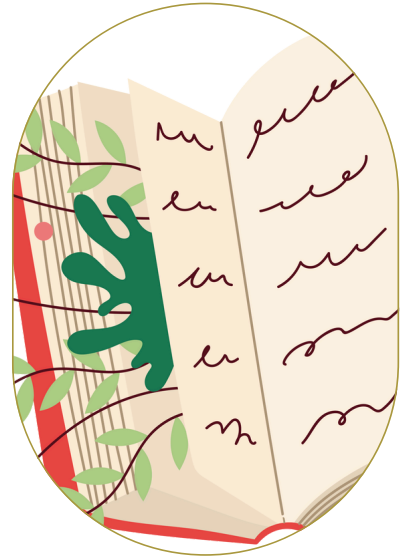
Each group should record a few reflections — this is how they'll be shared in the artwork and online.

Ways to capture:

- Write short notes or quotes on paper.
- Record voice memos on your phone.
- Take 10–30 sec videos (1 question per clip).
- Or upload longer videos to YouTube and send us the link.

Send your stories & photos to: artforpeoplessake@gmail.com

Include: Your name; Number of guests; Any photos, quotes, or videos



After the Meal



Gather all your decorated cups and a few photos of your group or your table or something from the moment.

Organise a drop off with Kendall via the email above

Your contributions will become part of The Table Installation at the Final Feast — a living artwork celebrating connection and community AND our beautiful coffee table book next year



Remember

This isn't about perfect presentation.

It's about seeing one another, sharing stories, and reminding ourselves that every table has room for more.



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Quick Supply Checklist

Hosting a Table Gathering is easy — here's everything you need to make it happen:

Food & Hospitality

- Simple shared food — bread, soup, snacks, finger food
- Plates, cups, and napkins (whatever you have at home is fine)
- A jug of water, tea, or something to share
- Optional: a little treat or favourite comfort food

Space & Setup

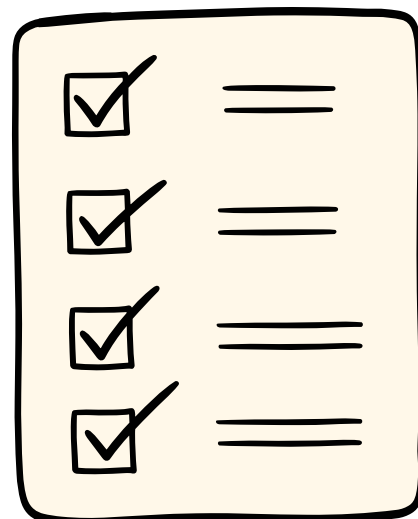
- A table, picnic rug, or shared surface
- Enough seats (or floor cushions!) for 12+ people
- A relaxed, welcoming atmosphere — candles, fairy lights, or just your usual kitchen glow

Creative Supplies

- Plain paper cups (white or cream preferred — from your local supermarket, dollar store, or Reject Shop)
- Decorating tools: sharpies, textas, crayons, paints, or collage materials
- Drop cloth or newspaper (optional, to protect surfaces)

Conversation & Reflection

- The Shared Tables Question Sheet (print or read aloud)
- Paper or notebook for jotting down quotes or reflections
- Phones for short audio or video recordings (keep clips under 30 seconds)



Capture & Share

Take a photo of your group, your table, or the finished cups

Email stories, notes, or photos to Kendall

(Subject line: "Shared Tables")

Remember

It doesn't need to be fancy — the heart of The Table is connection, not perfection.

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Sample Invite Text

Subject: Pull up a chair – you're invited to The Table




Hi friends,


I'm hosting a Table Gathering – a simple get-together where we share food, conversation, and a small creative moment as part of The Table project with Art For People's Sake.

It's not a dinner party – just a chance to slow down, connect, and practice a little radical hospitality (aka making space for each other). Bring something to share if you'd like, but there's no pressure – the focus is connection, not perfection.

 Date: [insert your date]

 Time: [insert start + finish time]

 Place: [insert your address or meeting spot]

 RSVP: [insert your phone/email]

We'll share some food, decorate paper cups for the community art installation, and chat using a few guided questions – easy, meaningful, and fun.

Come as you are. Bring your curiosity, a friend if you like, and maybe a snack or drink to share.

Can't wait to gather around the table with you.

Warmly,
[Your name]



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